



Referral Guidelines for all organisations that wish to refer a client to Aurora Project Lambeth

So, you have a client that you think would benefit from Peer Mentoring? Great! Before you fill out the referral form it's a good idea to read through the following information.

Who can be referred to Aurora Project Lambeth?

We accept referral's for clients that are currently in treatment for substance misuse within the Lambeth Drug and Alcohol Treatment Consortium, which is made up of Lorraine Hewitt House (SLAM), SMART Project (Addaction), The Harbour (Blenheim CDP), Foundation 66, , After Care Team, Lambeth Substance Misuse Team, and also those clients currently receiving their treatment through the shared care program.

Unfortunately we can't work with clients on a drug rehabilitation requirement (DRR) at this time, however CRI run a peer support service for clients that are on a DRR. To find out more about this service please contact Ryan Cockings by email ryan.cockings@cri.org.uk.

What can your clients expect from Peer Mentoring?

We like this explanation of Peer Mentoring: ***"Mentoring is a relationship between an experienced person and a less experienced person for the purpose of helping the one with less experience. The protégé, or mentee, seeks the advice and support of the more experienced person. Mentors answer questions concerning the tasks that their protégés need to succeed in reaching their goals. The mentor provides wisdom, guidance and counselling as mentees advance their lives."***

In reality our Peer Mentors provide one on one, one off or on-going, support to your client. All of our Peer Mentors are individuals who have been through treatment and are now in recovery. They have been through an extensive training programme and are able to offer emotional support and empathy but most importantly they offer a non-judgemental attitude towards clients.

They can help your clients with day to day tasks that can sometimes feel overwhelming, such as filling out forms, making appointments and help your clients to take control of issues that may be holding them back. Our volunteers can help to link your clients into social clubs and groups for individuals in treatment for substance misuse in Lambeth. The first time your client meets a Peer



Mentor it will be at the Aurora Project Lambeth offices but after that they may decide to meet regularly at alternative venues, such as local Cafes, we even have one volunteer who goes swimming once a week with his client!

How can I refer a client to Aurora Project Lambeth?

It's easy! Just complete a client referral form. You can find the form on our website here:

http://www.auroraprojectlambeth.org.uk/download/APL_Referral_Form.pdf or contact Jenni

Parker, Service Delivery Manager, by emailing jenni@auroraprojectlambeth.org.uk or by calling 0207 733 8221.